



<http://www.lovelifefamilyphotography.com>

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425.417.4545

Congratulations on the arrival of your new Family member!
I look forward to meeting you and photographing your newborn!

Here are **8 Awesome things** in order to ensure for a successful newborn session:

1. If nursing, try to avoid eating anything spicy (i.e. pizza, hot sauce, etc.) that might upset baby's tummy for 24 hours preceding your scheduled session.
2. Interact with and try to keep baby awake as much as possible before your session to ensure he/she is good and sleepy for the session. It is important to keep him/her awake for 1 hour before the shoot. Without this, we spend more time getting them to sleep and not as much time photographing them. Give the baby a bath to help keep them awake or get them naked, those are some tricks to use. Also, the baby needs to be fed as much as possible during the 12 hours that precedes the session. This will allow for baby to sleep as deeply and as long as possible.
3. Please make sure your little one has a full belly for the session. Please feed your baby just before you leave for the studio or when you arrive if your traveling far. If baby is formula fed please bring extra formula and bottles.
4. Dress baby in loose fitting clothes to avoid any lines on skin – a simple button-up or zip up sleeper is best.
5. Bring a pacifier if he/she takes one.
6. The studio will be kept at 80-85 degrees to keep your little one warm while in their birthday suit, so I recommend dressing in layers so that you can remove some if you get too warm.
7. During the session sit back and relax. I won't need much assistance, so take advantage of this time to rest. Read, nap, catch up on your social network.
8. When you arrive please leave baby in their car seat when bringing him/her in the studio. I will take it from there.

Newborn sessions generally take 3 hours, so please plan for that.

Family Participation, Not only Newborn pictures but your first Family pictures!

Family pictures are done first.

- Mom: I recommend a solid color clothing, tank or tube top for Mom. More skin to skin as your comfortable with, makes for beautiful shots. (Please avoid bright colors as they cast color.)
- Dad: I recommend a solid color short sleeve shirt, if Dad is comfortable bearing his chest for a few photos this can make for some very tender images. (Please avoid bright colors as they cast color.)
- Older siblings that you would like included in photos we'll do those and family shots first.

If bringing older siblings I suggest possibly bringing two cars so that Dad can take older sibling(s) back home after we are finished up with family shots or if you cannot bring two cars, have your husband take older sibling(s) out to lunch while we finish up. If they are sticking around awesome feel free to bring: Tablets, snacks, & toys O my!!
If there are any special items you would like photographed with baby please bring them along.

Parking

The studio is located in Auburn, the address is 2 Auburn Way N #208 Auburn WA 98002

Park in the FREE 3 hour lot on D St NE & E Main St then walk to the corner of E Main across for the Police Station.

The studio phone number is **425.417.4545** please call me.

I will come down and greet you at that side door to help you in.

Thank you again for choosing Love Life Family Photography to document this special time in your lives.

It is such a pleasure for me!

Sincerely,

Julie